

DEPARTMENT OF THE ARMY

U.S. ARMY COMBATIVES SCHOOL, HEADQUARTERS & HEADQUAERS Co, 1st BATTALION, 11TH INFANTRY REGIMENT FORT BENNING, GA 31905

ATZJ-PTM-T (350) September 9, 2004

MEMORANDUM FOR RECORD

SUBJECT: Combatives School In-processing Brief Standard Operating Procedure

- 1. PURPOSE. The purpose of this standard operating procedure is to establish all necessary information to be put out to combatives students at the beginning of each Level 1, 2, or 3 class.
- 2. SCOPE. This SOP is applicable to all combatives students and instructors.
- 3. REFERENCE. FM 3-25.150 Modern Army Combatives System
- 4. GENERAL. Prior to the start of any modern army combatives course the students must first undergo an in-processing brief to outline what they can expect of the course, what is expected of them, and all pertinent safety issues.
- 5. Order of Merit List (OML). Based on the quantity and experience of instructors available per class, it is essential that class sizes remain at a manageable size, and not become too large. A manageable size will provide the most effective training for all students enrolled in the course. OML to students wishing to enroll in any course will be in the following order:
 - a. Those with secure slots. Secure slots will only be given to the number of students manageable by one instructor.
 - b. "Walk on" students on TDY status
 - c. "Walk on" students from the 11th Infantry Regiment
 - d. Additional "Walk on" students will be assigned available slots on a first come first serve basis.
 - e. OMLs during Mobile Training Team classes or those conducted by Level Three qualified instructors will be determined by the host unit chain of command.
 - f. Additional personnel from the manageable number of students will be asked to leave and return for the next class.
- 6. Place of Duty. In order to run effective combatives classes it is imperative that the students and their chain of command first understand that the Combatives School training area is the students place of duty.
 - a. Students should not be expected to perform any additional duties or physical training with their regular chain of command.
 - b. The prospective student and his chain of command should be made aware of the students required place of duty prior to the start of the course.
- 7. Orientation Brief. During each combatives class students will be briefed on the following prior to conducting any actual training:
 - a. Review of the student's place of duty.
 - b. Overview of the Course.
 - Current Off-limits areas (Post specific)
 - c. Combative Uniform (per FM 3-25.150).

SUBJECT: U.S. Army Combatives Punch Drill Standard Operating Procedure

- i. Students will also be instructed that Combatives Uniform is for the Combatives Training Area Only.
- ii. If students wish to travel outside of the Combatives Training Area during regular duty hours they must change into standard BDUs.
- iii. Civilian clothing is authorized if students travel outside of the Combatives Training Area after or before duty hours.
- iv. Traveling directly to and from the students place of stay and the Combatives Training Area in the Combatives Uniform is authorized.
- d. Review of the Training Area to be used during the course.
- e. Importance of Hydration to prevent head injuries. Students must hydrate regularly during the course
- f. Drinking is prohibited during the U.S. Army Combatives course on any day or night prior to a training day.
- g. Sexual Harassment is prohibited at all times.
- h. Hygiene.
 - i. All Students will start each day with a clean uniform
 - ii. All Students will shower a minimum of once a day.
 - iii. It is preferable for students to shower immediately after each day of training, and prior to the start of the next days training to help prevent the spread of ring-worm.
 - iv. All Students will not smoke any time before or during combatives classes.
 - v. All Students will brush their teeth daily prior to each class.
 - vi. All Students will keep their finger nails trimmed as to not cause a hazard for themselves or others.
- i. History of the Modern Army Combatives Program
- j. Daily Clean-up requirements. Students may decide for themselves how they alternate and/or perform the clean-up requirements.
- k. Course Drops. Those who can not attend class do to other commitments, or those who are determined to be a hazard to themselves and/or others will be dropped on a case by case basis.
- 8. POC for this SOP is SFC Jeremy Brown at (706)545-2811.

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